

**SACRED HEART SCHOOL  
VALLEY PARK, MO  
SCHOOL GOALS**

Students will:

1. Act in accordance with Catholic beliefs, Christian values, and practices reflecting Sacred Heart traditions.
2. Express a desire for everlasting union with God.
3. Demonstrate self-discipline, responsibility, and personal accountability.
4. Exhibit adaptability and flexibility in response to the opportunities and challenges of their daily lives.
5. Exhibit effective communication skills.
6. Integrate and apply knowledge and skills within and across subject areas.
7. Identify problems and use conflict resolution strategies to formulate solutions.
8. Show respect for the individual and cultural diversity present within society.
9. Manifest a spirit of tolerance for persons of different religious beliefs, traditions, and social decision-making practices.
10. Participate as a responsible member of the groups to which they belong and society at large.
11. Utilize technological resources to design, implement, evaluate, apply, and report research findings.
12. Demonstrate an enthusiasm for life-long learning.

## **SACRED HEART SCHOOL-VALLEY PARK RELIGION GOALS**

Students will:

1. Express understanding of the Triune God and the activity of the persons of the Trinity in their lives; they will demonstrate the importance of a personal relationship with God in their lives and in the life of the community.
2. Express a basic understanding of Jesus, his life and teachings; they will recognize Jesus as their Savior and model for Christian living.
3. Describe how the Church carries out Jesus' mission of message, community, worship, and service; the structure and function of the Church in the world; the role of Mary and the saints; and key developments in the history of the Church.
4. Participate in the worship of the faith community; use a variety of prayer forms to enrich and express personal and communal spirituality; plan liturgy and prayer experiences with appropriate resources; demonstrate an understanding of the liturgical seasons, feasts, saints' days, Marian devotions, and sacramentals.
5. Participate in the sacramental life of the Church, recognizing the Eucharist as the source and summit of Christian life; they will express an understanding of the nature, importance, and ritual of the seven sacraments.
6. Demonstrate knowledge of Sacred Scriptures as the inspired Word of God revealing God's plan for salvation, and read, interpret, and apply Scripture to their lives.
7. Demonstrate understanding of authentic Catholic teachings as promulgated by the Magisterium of the Church and apply these teachings to all life situations.
8. Demonstrate understanding of Catholic moral teachings, make moral decisions consistent with these teachings, and exhibit a respect for life toward self, others, and creation.

**SACRED HEART SCHOOL-VALLEY PARK**  
**RELIGION GOALS – PAGE 2**

9. Exercise responsible stewardship for the gift of creation; share their time, talent, and treasure in service to the community as response to the Gospel call; and evaluate social structures in light of Catholic social justice principles .
  
10. Exhibit a welcoming and inviting attitude toward all persons encountered in the broader community and share their Catholic identity, beliefs, and practices.

## SACRED HEART SCHOOL-VALLEY PARK RELIGION

Kindergarten

Students will:

1. Express an understanding and appreciation of God, the Father, as Creator.
2. Identify Mary as Jesus' mother.
3. Use prayer as a means of speaking to God.
4. Say traditional Catholic prayers.
5. Demonstrate knowledge of Jesus' life as a man.
6. Recognize the Mass as a celebration.

Content Topics: Knowledge/Skills/Values

1. God the Father, God the Son, God the Holy Spirit.
2. Mary, Mother of God
3. Goodness in creation
4. Appreciation of prayer
5. Gospel stories
6. Prayer: *Sign of the Cross, Our Father, Hail Mary, Glory Be, Prayer to Our Guardian Angel.*

### 1 Resources, Activities, and Assessments

*God Loves Us*, Loyola Press, supplementary materials, children's Bible, posters, videos, religious bulletin boards, interactive religious activities, daily prayer, masses, prayer services and interactive white board activities.

## **SACRED HEART SCHOOL-VALLEY PARK RELIGION**

Grade 1

Students will:

1. Express an understanding and appreciation of the Father as Creator.
2. Express an understanding of Jesus as Son of God and our brother and friend.
3. Describe the Holy Spirit as our helper and guide.
4. Identify the Trinity as the Father, Son, and Holy Spirit.
5. Identify Mary as the Mother of Jesus and our mother.
6. Define Baptism as joining the family of the Catholic Church.
7. Recognize prayer as listening and talking to God.
8. Participate in traditional prayers of the Church.

Content Topics: Knowledge/ Skills/ Values

1. Trinity: Father--Creator; Jesus--Son of God, friend, teacher, brother, and gift; Holy Spirit- -Sanctifier and Helper
2. God as loving
3. Respect for creation
4. Incarnation/Nativity
5. Mary, Mother of God
6. Baptism
7. Appreciate Church as God's Family, community
8. Prayers: Amen, Sign of the Cross, Our Father, Hail Mary, Glory Be,
9. Guardian Angel, Sacred Heart of Jesus, St. Joseph

Resources, Activities, and Assessments:

*Children's Bible; Blest Are We*, Silver Burdett Ginn; supplementary materials, videos; religious bulletin board activities; Sacred Time; Masses and interactive white board activities.

## SACRED HEART SCHOOL-VALLEY PARK RELIGION

Grade 2

Students will:

1. Express an understanding of the concept of sin.
2. Express feelings of sorrow/contrition.
3. Relate Reconciliation to healing and forgiveness.
4. Express positive feelings toward their experience of celebrating the sacrament of Reconciliation.
5. Express understanding of the Eucharist as meal, thanksgiving, and sacrifice.
6. Profess belief in the Real Presence of Jesus in the Eucharist.
7. Participate actively in the celebration of the Liturgy of the Word and the Liturgy of the Eucharist as the community worship of the Church.

### **Content Topics:**

1. Belonging to the Christian community known as the Catholic Church.
2. Sacraments of Baptism and Confirmation as Sacraments of Initiation into the Church
3. Reception of the Sacraments of Reconciliation and Eucharist
4. Christian responsibility to care for others and make good choices.
5. Study of the parts of the Mass: Liturgy of the Word, Liturgy of the Eucharist
6. Study of Mass as the sacrifice of Jesus when the bread and wine become His body and blood.
7. Study of seasons of the church and the Saints

Resources: *Blest Are We*, Silver Burdett Ginn, supplementary materials, *The Bible*

**Activities:** Celebrating sacrament of reconciliation, First Communion retreat, celebrating Sacrament of Eucharist, *The Bible*, Sacred Time, Masses and interactive white board activities

Assessments: Chapter tests

## SACRED HEART SCHOOL-VALLEY PARK RELIGION

Grade 3

Students will:

1. Participate in the worship of the faith community.
2. Recognize the Eucharist as a source and summit of Christian life.
3. Explore the meanings of the sacraments of initiation, healing, and vocation.
4. Appreciate the ministries of community building, word, worship, and service.

Content Topics:

1. Appreciate the beliefs about God the Father, Son, and Holy Spirit
2. Trinity, with emphasis on the Holy Spirit
3. Apostles' Creed
4. Rosary
5. Demonstrate pride in Catholic Identity
6. Appreciation of different vocation calls from God

Resources, Activities, and Assessments

*Blest Are We*, Silver Burdett Ginn, supplementary materials, take-home magazine (from text), *The Bible*, Masses, Sacred Time, Stations of the Cross, Rosary, videos and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK RELIGION**

Grade 4

Students will:

1. Demonstrate knowledge and understanding of the Law of Love, the Beatitudes, and the Ten Commandments as guides for Christian living.
2. Identify the Laws of the Church.
3. Act on the basis of accepting responsibility for their choices.
4. Express knowledge and understanding of right and wrong, sin, the meaning of conscience, and virtue.
5. Express understanding and appreciation of forgiveness through the Sacrament of Reconciliation.
6. Express an understanding of the Trinity and the importance of a personal relationship with God in their lives and in the life of the community.
7. Participate in the worship of the faith community during Mass, Benediction, and Stations of the Cross.
8. Apply virtues highlighted each month to their behavior.
9. Read, interpret, and apply Old Testament Scriptures to their lives.

Content Topics: Knowledge/Skills/Values

1. Holy Spirit as helper and guide
2. Law of Love, Beatitudes, Ten Commandments, Laws of the Church
3. Sin: original sin
4. Practice regular examination of conscience
5. Pray when making moral choices and accept responsibility for choices
6. Appreciation of the liturgical seasons of the year
7. Traditional devotions, Act of Contrition
8. Lives of the Saints, Feasts of the Church Year

Resources, Activities, and Assessments: *Blest Are We*, Silver Burdette Ginn, supplementary materials, *The Bible*, religious videos on character education and saints, Sacred Time, Mass, Family Life series, puzzles and role-playing, chapter tests and quizzes and interactive white board activities

## SACRED HEART SCHOOL-VALLEY PARK RELIGION

Grade 5

Students will:

1. Demonstrate knowledge and understanding of the Catholic teachings of the Church.
2. Demonstrate knowledge and understanding that Jesus teaches God's Word, heals with God's power, brings us to God in prayer, and is the Sacrament of God.
3. Express understanding and knowledge of the Sacraments of Initiation.
4. Express understanding and knowledge of the Sacraments of Healing and Commitment.
5. Show respect for God's creation, especially for life in all of its forms.

Content Topics: Knowledge/Skills/Values

1. Basic beliefs, seven precepts, Holy Days, special Masses and prayer Services.
2. Study of the seven sacraments.
3. Knowledge and understanding of religious vocabulary
4. Study of the Seasons of Advent/Christmas, Lent/Easter, Ordinary Time. Mary and all the Saints.
5. Information for making moral choices, sources of moral value
6. Respect all life and human sexuality as a gift from God.

Resources: *Blest Are We*, *Silver Burdett Ginn*, supplementary materials, The Bible, Saints' kit, computer, Family Life series, Sacred Time, Masses

Activities: Saint reports, Making Stations of the Cross booklets for first grade buddies, Benediction, Religious films for Saint feast days, virtues, and learning about the sacraments, Family Life activities, Sacred Time, Masses and interactive white board activities

Assessments: Quizzes, chapter tests, unit tests, ACRE test

## SACRED HEART SCHOOL-VALLEY PARK RELIGION

Grade 6

Students will:

1. Describe the structure of *The Bible*, locate passages, and name the various literary forms in the Scriptures.
2. Identify the Patriarchs, Prophets, and Kings of the Old Testament and describe their contributions to the growth of our Faith.
3. Describe the meaning of “covenant” in human experience and the special meaning of “covenant” between God and his people.
4. Show appreciation for the Bible as the inspired Word of God.
5. Apply the teaching and lessons of Scripture to their lives.
6. Identify Jesus as the fulfillment of the Old Testament Covenant.

Content Topics: Knowledge/Skills/Values

1. Study of *The Bible*, creation story, sin, promise, slavery, freedom, journey, and study of the Promised Land, kings, leaders, exile, and prophets.
2. Covenant.
3. Knowing Jesus as the beginning of God’s kingdom.
4. Knowing the Church as God’s people in Christ and the Sacraments as signs of faith.
5. Understanding seasons of the Church.
6. Studying our Catholic Heritage, Mary, and the Saints.
7. Self-esteem, making moral choices, sources of moral choices.
8. Respect of all life and human sexuality as a gift from God.

Resources: *Blest Are We*, Silver Burdett Ginn, supplementary materials, computer, Family Life series, Saints Kit

Activities: *The Bible*, *Blest Are We*, Silver Burdette Ginn, Projects, Family Life activities, Sacred Time, Masses and interactive white board activities

Assessments: Quizzes, Chapter tests, and Unit tests

**SACRED HEART SCHOOL -VALLEY PARK**  
**RELIGION**

Grade 7

Students will:

1. Demonstrate knowledge and understanding of the Catholic teachings of the Church.
2. Express understanding and knowledge of the sacraments.
3. Express knowledge and understanding of the Corporal and Spiritual works of Mercy
4. Express knowledge and understanding of Jesus' relationship with his twelve Apostles.
5. Exhibit knowledge of the Eight Beatitudes.
6. Show respect for God's creation, especially for life in all of its forms.

Content Topics: Knowledge/Skills/Values

1. Basic beliefs, seven precepts, Holy Days, special Masses and Prayer Services
2. Study of the sacraments
3. Study of the Corporal and Spiritual Works of Mercy
4. Study of Jesus' public life with his twelve apostles
5. Respect all life and human sexuality as a gift from God

Resources: *Blest Are We*, Silver Burdett Ginn, supplementary materials, computer, Family Life series

Activities: Religious crossword puzzles, *The Bible*, Sacred Time, Masses, worksheets, Corporal/Spiritual Works of Mercy power point presentations with buddies, research projects about people of the New Testament, religious videos and interactive white board activities

Assessment: Quizzes, chapter tests, unit tests

## SACRED HEART SCHOOL-VALLEY PARK RELIGION

Grade 8

Students will:

1. Demonstrate knowledge and understanding of the Catholic teachings of the Church.
2. Choose to commit themselves to adult membership in the Catholic Church through the sacrament of Confirmation.
3. Express understanding and knowledge of the seven sacraments.
4. Exhibit a knowledge and understanding of the meaning of the Mass.
5. Trace the history of the Catholic Church from apostolic times through the 20th century.
6. Show respect for God's creation, especially for life in all its form.

Content Topics: Knowledge/Skills/Values

1. Basic beliefs, seven precepts, Holy Days, special events
2. Receiving the Sacraments of Confirmation, Seven Gifts and Nine Fruits of the Holy Spirit.
3. Service hours and reflections; choosing a saint's name, Rite of Confirmation.
4. Study of the seven sacraments and their signs.
5. Study of the parts of the Mass; Liturgy of the Word, Liturgy of the Eucharist.
6. Christian communities, persecutions, Christianity divided
7. Church and the Arts, Church renewal
8. Information for making moral choices, sources of moral values
9. Respect all life, human sexuality as a gift from God.

Resources: *Blest Are We*, Silver Burdett Ginn, supplementary materials, Saints' Kit, computer, Family Life series, *The Bible*

**Activities:** Saint reports, service projects, reflection, Confirmation retreat, 8th grade retreat, *Right Start* Program, Family Life, morality project, Sacred Time, Masses and interactive white board activities

**Assessment:** Quizzes, chapter tests, Confirmation packet, ACRE test, morality project

## **SACRED HEART SCHOOL-VALLEY PARK LANGUAGE ARTS GOALS**

Students will:

1. Exhibit proficiency in using reading skills and strategies with various genres.
2. Use good listening skills.
3. Acquire and use age-appropriate vocabulary in reading, writing, and speaking.
4. Use critical thinking skills while reading and listening for a variety of purposes.
5. Read fluently with proper intonation and expression.
6. Interpret and discuss literal, figurative, and inferred meanings of texts.
7. Independently make generalizations about patterns, characters, plot, setting, genre, style, and purpose of a selection of literature.
8. Apply correct grammar, punctuation, and spelling.
9. Express their ideas clearly, concisely, and creatively when writing and speaking.
10. Exhibit proficiency and self-confidence in oral presentations.
11. Create a written piece using a process approach from pre-writing to authorship.
12. Demonstrate correct manuscript and cursive handwriting.
13. Show appreciation for the cultural diversity expressed through various literary sources.
14. Critique a variety of oral and visual media.

## SACRED HEART SCHOOL-VALLEY PARK LANGUAGE ARTS

Kindergarten

Students will:

1. Identify front, back, title, and author of a book.
2. Identify characters, setting, and main idea of a story.
3. Demonstrate top-to-bottom and left-to-right progression.
4. Identify all uppercase and lowercase letters.
5. Distinguish letters from words and words from sentences.
6. Recognize all letter sounds.
7. Recognize rhyming patterns.
8. Blend consonant/vowel/consonant sounds aloud to make a word.
9. Read and/or listen to a variety of fiction and nonfiction stories.
10. Demonstrate comprehension of stories by orally responding to questions.
11. Print on a line first and last name with proper capitalization.
12. Use writing (pictures, letters, and words) to express ideas.
13. Write complete sentences.
14. Spell independently using sounds and letters.
15. Speak clearly.
16. Listen without interruption.
17. Understand and follow one- and two-step spoken directions.
18. Use silent reading time to independently read a variety of books.

Content Topics: Knowledge/Skills/Values

1. Phonics and decoding skills
2. Nouns, verbs, adjectives
3. Capitalization and ending punctuation
4. Journal writing
5. Mastery of basic high frequency words
6. Handwriting
7. Shared experiences
8. Rereading of class books at home.
9. Shared reading
10. Guided reading

Resources: *Land of the Letter People*, Abrams Pub., *Reading Street*, Scott Foresman Pub., fiction and non-fiction books, computer software, personal journals, learning centers, and interactive white board activities

# SACRED HEART SCHOOL-VALLEY PARK LANGUAGE ARTS

Grade 1

Students will:

1. Identify beginning, middle, and final consonants.
2. Use a variety of strategies to decode new, unfamiliar words.
3. Demonstrate an understanding of material read in a variety of ways.
4. Spend quality time reading a variety of literature.
5. Develop and use good listening skills.
6. Focus attention and respond to oral information.
7. Make informed predictions using prior knowledge.
8. Speak fluently using proper intonation, inflection, and volume.
9. Master and use designated spelling words.
10. Write complete sentences using emergent spelling and correct punctuation.
11. Write numbers and letters neatly using correct formation of the D'Nealian Alphabet.

Content Topics: Knowledge/Skills/Values

1. Phonics, decoding skills, context clues
2. Capitalization, punctuation, and structure of a sentence
3. Journal writing
4. Long and short vowels
5. Mastery of 100 basic sight words
6. Writing suitcase
7. Clifford journal
8. Handwriting
9. Discussion, retellings, summaries, changes in expression and inflection when reading aloud
10. Rereading at home stories read in class
11. Shared experiences

Resources, Activities, and Assessments:

Books, journal, computer software, story tapes, story cards, textbook and supplementary materials, dictionaries, literacy centers, leveled readers, novel sets and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK LANGUAGE ARTS**

Grade 2

Students will:

1. Demonstrate knowledge of capitalization and punctuation of sentences: telling, question, exclamation, and command.
2. Identify a verb as an action word and tell present or past tense of a verb.
3. Define a noun as the name of a person, place, or thing.
4. Use a pronoun to replace a noun.
  1. Describe nouns with adjectives.
  2. Use good listening skills.
  3. Focus attention and respond to oral information.
  4. Speak fluently using proper intonation, inflection, and volume.
  5. Demonstrate mastery of second grade spelling words.
  6. Construct a paragraph using beginning, middle, and ending sentences.
  7. Identify and count syllables in words.
  8. Write a contraction.
  9. Exhibit proficiency in using decoding skills and strategies to read fluently on a second grade level.

Content Topics: Knowledge/Skills/Values

1. Stories about pets, nature, friends, family, and folk legends
2. Choral and oral reading of stories
3. Weekly Writers' Workshop using the process approach: write, confer, revise, self-edit, and publish

Resources, Activities, and Assessments:

Textbook and supplementary materials, unit tests, Writers' Workshop, Readers' Workshop, weekly spelling tests, computer software, leveled readers, novels, literacy centers and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK LANGUAGE ARTS**

Grade 3

Students will:

1. Demonstrate mastery of spelling words.
2. Use phonetic skills and context clues to decode new, unfamiliar words.
3. Use cursive as the primary method of handwriting.
4. Demonstrate note-taking skills.
5. Identify the subject and the predicate in sentences.
6. Use good listening skills.
7. Focus attention and respond to oral information.
8. Read, interpret, and follow directions accurately.
9. Recognize these literary forms: fiction, non-fiction, biography, and poetry.
10. Read and enjoy literature, with an emphasis on chapter books.
11. Demonstrate reading comprehension by use of the story structure: character, setting, problem, events, and solution.
12. Give oral presentations using appropriate speaking skills.

Content Topics: Knowledge/Skills/Values

1. Dictionary skills
2. Listening skills
3. Locating errors in previously written sentences
4. Using the writing process

Resources, Activities, and Assessments

Dictionary, textbook and supplementary materials, computer software, leveled readers, novel sets and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK LANGUAGE ARTS**

Grade 4

Students will:

1. Accurately follow oral and written directions.
2. Read fluently with proper intonation and expression.
3. Use critical thinking skills while reading and listening for a variety of purposes.
4. Demonstrate comprehension of literature: setting, character, plot, and endings
5. Summarize chapter books using written and oral forms.
6. Make inferences and predictions.
7. Draw conclusions and identify cause and effect.
8. Compare and contrast various elements in their reading.
9. Identify and interpret sensory details.
10. Summarize and organize ideas.
11. Create a written piece using a process approach from pre-writing to authorship.
12. Apply correct grammar, punctuation, and spelling in all written work.
13. Demonstrate correct usage of the following parts of speech: nouns, pronouns, verbs, adjectives, and adverbs.
14. Demonstrate mastery of the fourth grade level spelling words and apply spelling strategies and patterns.
15. Demonstrate mastery of fourth grade level vocabulary words and improve vocabulary through reading a variety of literature.
16. Give oral presentations using appropriate volume, rate, and expression.
17. Use good listening skills.

Content Topics: Knowledge/Skills/Values

1. Sentence and paragraph structure
2. Proofreading and note-taking skills
3. Dramatic reading exercises and oral presentations
4. Poetry, short stories, and literature excerpts
5. Labeling of parts of speech in sentences

**SACRED HEART SCHOOL-VALLEY PARK  
LANGUAGE ARTS**

Grade 4 (continued)

6. Book reports/Book Talks
7. Setting, character, plot, and endings
8. Metaphors, similes, alliteration, and onomatopoeia

Resources, Activities, and Assessments:

Literature textbooks, *Hands-On English*, computer, games, puzzles, diagrams, trade books, literature sets, D.O.L.(Daily Oral Language) and interactive white board activities

## SACRED HEART SCHOOL-VALLEY PARK LANGUAGE ARTS

Grade 5

Students will:

1. Read grade level material fluently and accurately.
2. Write a well-constructed paragraph.
3. Identify all parts of speech.
4. Compare and contrast different pieces of literature.
5. Use good listening skills.
6. Focus attention and respond to oral information.
7. Use age-appropriate vocabulary and correct spellings in their writing.
8. Apply reading strategies for comprehension.
9. Speak fluently using proper intonation, inflection, volume, and rate.
10. Read and follow multiple-step directions.
11. Identify and interpret figurative language in poetry and prose.
12. Apply the writing process to write effectively in various forms and types of writing.
13. Use details from text to make predictions, draw conclusions, and identify cause and effect.

Content Topics: Knowledge/Skills/Values

1. Identification of the author's ideas and purpose in the text
2. Study of root words, prefixes, suffixes, morphemes
3. Glossary and dictionary skills
4. Quotation marks for different purposes
5. Verb tenses
6. Oral presentations

Resources, Activities, and Assessments:

Textbook and resources, weekly spelling tests, unit theme tests, Weekly Reader, literature sets, book reports of various types, *Hands-On English*, computer, games, puzzles, trade books, literature sets, and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK LANGUAGE ARTS**

Grade 6

Students will:

1. Read novels, poetry, plays, and literature of choice.
2. Identify parts of speech in simple, compound, and complex sentences.
3. Identify literary devices, techniques, and structural elements in various genres.
4. Express ideas clearly and correctly in letters, essays, paragraphs, papers, poems, and creative writing.
5. Use good listening skills.
6. Focus attention and respond to oral information.
7. Demonstrate an ability to summarize ideas effectively in oral and written communication.
8. Give oral presentations using proper intonation, inflection, rate, and volume.
9. Identify and articulate appropriate vocabulary, which is expressive and descriptive.
10. Use correct grammar and punctuation in oral and written communication.
11. Interpret and apply each stage of the writing process.

Content Topics: Knowledge/Skills/Values

1. In-depth study of parts of speech
2. Reading of novels in different genres
3. Writing of essays, research papers, poems, and creative pieces
4. Use of the writing process in all forms of writing
5. Oral reading experiences
6. Discussion of literary elements found in novels
7. Study of setting, characters, plot, and point of view
8. Onomatopoeia and rhyme

**SACRED HEART SCHOOL-VALLEY PARK  
LANGUAGE ARTS**

Grade 6 (continued)

9. Book reports on various genres
10. Journal writing
11. Creation and delivery of oral presentations

Resources, Activities, and Assessments:

Computer programs and on-line resources, language arts games, library resources, book reports, field trips, and plays, newspapers, *Hands-On English*, reading series, trade books, literature sets and interactive white board activities

**SACRED HEART SCHOOL-VALLEY PARK  
LANGUAGE ARTS**

Grade 7

Students will:

1. Identify parts of speech in various sentence structures.
2. Read various genres of literature.
3. Identify literary structural elements, styles, techniques, and devices in a variety of genres.
4. Use good listening skills.
5. Focus attention and respond to oral information.
6. Express ideas clearly and correctly in written and oral communication.
7. Recognize and articulate appropriate vocabulary in all communication.
8. Use correct grammar and punctuation in written communication in all areas of school and life.
9. Use good grammar, vocabulary, proper intonation and inflection with expressive and descriptive language in oral presentations.
10. Interpret and apply all stages of the writing process.
11. Apply knowledge/skills gained in language arts to other subjects or assignments.

Content Topics: Knowledge/Skills/Values

1. Use of deductive reasoning
2. Vocabulary development and usage
3. Oral reports and presentations
4. Review and use of all parts of speech
5. Steps of the writing process
6. Literary critique and discussions
7. Uses of expository writing
8. Reflection, analyzing, drawing conclusions, and summarizing
9. Creation of graphic organizers for different purposes
10. Research paper

**SACRED HEART SCHOOL-VALLEY PARK  
LANGUAGE ARTS**

Grade 7 (continued)

Resources, Activities, and Assessments:

Computer programs and on-line resources, language arts games, library resources, book reports, field trips, plays, newspapers, *Hands-On English*, reading series, trade books, literature sets and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK LANGUAGE ARTS**

Grade 8

Students will:

1. Identify parts of speech in simple, compound, and complex sentences.
2. Read novels, poetry, plays, and literature choices.
3. Compare and contrast, analyze and evaluate literary devices, techniques, and structural elements in various genres.
4. Express ideas clearly and correctly in letters, essays, paragraphs, papers, poems, and creative writing.
5. Use good listening skills.
6. Focus attention and respond to oral information.
7. Demonstrate an ability to summarize ideas effectively in oral and written communication.
8. Speak fluently using proper intonation, inflection, volume, rate, and expression.
9. Identify and articulate appropriate vocabulary that is expressive and descriptive.
10. Transfer correct grammar and punctuation into oral and written communication across the curriculum.
11. Give evidence of mastery for each stage of the writing process.
12. Demonstrate self-confidence in giving effective oral presentations for a variety of purposes.

Content Topics: Knowledge/Skills/Values

1. Parts of speech; infinitives; participles; gerunds
2. Reading of novels of various genres, including historical fiction, plays, and fantasy.
3. Use of the writing process in all forms of writing
4. Oral reading experiences
5. Discussion of literary elements found in novels
6. Study of rhetoric, irony, flashback, setting, plot, and character analysis
7. Use vocabulary in context
8. Book reports on various types of genre
9. Journal writing
10. Research paper

**SACRED HEART SCHOOL-VALLEY PARK  
LANGUAGE ARTS**

Grade 8 (continued)

Resources, Activities, and Assessments:

Computer programs and on-line resources, language arts games, library resources, newspapers, book reports, field trips, public library visits, plays, reading series, trade books and interactive white board activities

## **SACRED HEART SCHOOL –VALLEY PARK MATH GOALS**

Students will:

1. Identify mathematics as problem solving, reasoning, and communication.
2. Integrate estimation and mental math into the conceptual development of computation.
3. Apply various problem-solving strategies.
4. Use standard and metric measurement.
5. Demonstrate the use of number sense, including numeration and number theory.
6. Explain the method used to solve a mathematical problem.
7. Utilize technology to solve mathematical problems.
8. Demonstrate a well-developed number sense.
8. Correctly estimate and compute with whole numbers, decimals, fractions, integers, and percents.
10. Read and interpret information from charts and graphs.
11. Discuss the relationship between statistics and probability.
12. Use age and grade-appropriate mathematical vocabulary.
13. Demonstrate recognition, understanding, and the ability to use geometrical form and function.

## SACRED HEART SCHOOL-VALLEY PARK MATH

Kindergarten

Students will:

1. Demonstrate one-to-one correspondence.
2. Sort and classify items by shape, size, and color, and kind.
3. Identify, copy, extend, and create patterns.
4. Count to 50 by ones's and five's.
5. Count to 100 by ten's.
6. Sequence numbers to 30.
7. Identify six basic shapes (circle, oval, square, rectangle, triangle, diamond).
8. Identify numerals 0-50.
9. Identify coins (penny, nickel, dime, quarter).
10. Identify *half* verses *whole*.
11. Comprehend terms and symbols for addition, subtraction, and equality
12. Create story problems.
13. Solve addition and subtraction problems through ten.
14. Sequence pictures or events.
15. Use data collected to create and read bar graphs/pictographs.
16. Demonstrate tallying of items.

Content topics: Knowledge/Skills/Values

1. Order and recognize numbers to 50
2. Use objects to create graphs
3. Use objects to perform addition and subtraction problems
4. Create patters
5. Identify months of the year and days of the week

Resources

Manipulatives, number line, calendar, money, games, puzzles, Houghton-Mifflin math text, learning centers, interactive white board activities

**SACRED HEART SCHOOL-VALLEY PARK  
MATH**

Grade 1

Students will:

1. Determine place values to 100.
2. Compare numbers through 100.
3. Add and subtract numbers with sums through 12.
4. Tell time to the hour and half-hour.
5. Identify the value of coin combinations using pennies, nickels, dimes, and quarters.

Content Topics: Knowledge/Skills/Values

1. Order and recognize numbers through 100
2. Add and subtract to 12
3. Use and identify coins: penny, nickel, dime, and quarter

Resources, Activities, and Assessments:

Textbook and supplementary materials, number line, manipulatives, clocks, calendar, money, games, puzzles, diagrams, computer software and interactive white board activities

# SACRED HEART SCHOOL-VALLEY PARK MATH

## Grade 2

Students will:

1. Determine place values and order and compare numbers to 100.
2. Add and subtract up to 100 using regrouping and renaming.
3. Read time to the quarter-hour and in five-minute intervals.
4. Identify the months of the year and days of the week.
5. Determine the value of money up to a dollar.
6. Measure objects to the nearest inch and centimeter.
7. Demonstrate knowledge of weight using pounds and kilograms.
8. Measure liquids up to one liter and one gallon.
9. Read a thermometer.
10. Apply problem-solving strategies.
11. Read and interpret information from developmentally appropriate charts and graphs.

Content Topics: Knowledge/Skills/Values

1. Patterns in numbers
2. Addition and subtraction facts through 18
3. Calendars and clocks
4. Measurement: linear and volume
5. Place value through 100
6. Two-digit addition including regrouping
7. Two-digit subtraction including renaming
8. Money values up to \$1.00

Resources, Activities, and Assessments

Textbook and supplementary materials, workbook, tests, flash cards, calculators, clocks, manipulatives, computer programs, diagrams, charts, graphs, number lines, rulers, scale, other devices for measuring solids and liquids and interactive white board activities

# SACRED HEART SCHOOL-VALLEY PARK MATH

Grade 3

Students will:

1. Demonstrate correct use of place value to the thousands.
2. Round to the nearest ten and hundred.
3. Demonstrate an understanding of the process of multiplication and master multiplication tables 0 through 12.
4. Decode and solve word problems using correct wording and the four - part process: read the problem, decide which operation(s) to use, solve the problem, and check for accuracy.
5. Tell time to the nearest minute.
6. Make correct change using coins and bills to \$10.00.
7. Measure objects to the nearest half inch.
8. Compute addition and subtraction problems with regrouping to the thousands place.
9. Compute subtraction problems with renaming to the thousands place.

Content Topics: Knowledge/Skills/Values

1. Solving word problems using pictures and graphs
2. Place value
3. Money
4. Addition, subtraction, and multiplication

Resources, Activities, and Assessments

Textbook and supplementary materials, teacher-made tests and quizzes, clocks, money, number line, rulers, calculators, computer, math games, manipulatives and interactive white board activities

# SACRED HEART SCHOOL-VALLEY PARK MATH

Grade 4

Students will:

1. Use standard and metric measurement.
2. Correctly estimate and compute whole numbers to the nearest hundred thousand place.
3. Identify place value up to the millions.
4. Demonstrate the process used to compute multiplication problems using single factors.
5. Show the process used to compute division problems using single-digit divisors.
4. Use the four-part process for solving word problems: read, understand, solve, and check.
5. Compare and order numbers up to the thousands.
6. Simplify, compare, order, add, and subtract fractions.

Content Topics: Knowledge/Skills/Values

1. Decoding story problems
2. Measuring to the  $\frac{1}{4}$  inch, centimeter, meter, and kilometer
3. Measuring volume and weight using graduated cylinders, balances, weights, and pitchers
4. Standard and expanded notation
5. Rounding numbers to the nearest thousand and ten thousand
6. Adding and subtracting five-digit numbers.
7. Multiplying and dividing by single-digit numbers

Resources, Activities, and Assessments:

Textbook and supplementary materials and tests, Math Labs, manipulatives, standard and metric ruler, clocks, calculators, computer, teacher made tests and quizzes, math workshop and interactive white board activities

# SACRED HEART SCHOOL-VALLEY PARK MATH

Grade 5

Students will:

1. Demonstrate an ability to round whole numbers up to 100,000.
2. Accurately estimate answers in addition, subtraction, and multiplication.
3. Demonstrate an understanding and mastery of fraction concepts.
4. Solve problems involving addition and subtraction of fractions and decimals.
5. Identify factors and multiples.
6. Identify, name, and classify points, lines, planes, and angles.
7. Draw and measure angles using a protractor.
8. Identify and classify polygons.
9. Demonstrate logic and reasoning by using the four-part process to solve grade level word problems: read, understand, solve, and check.
10. Create word problems from number problems

Content Topics: Knowledge/Skills/Values

1. Rounding up to 100,000
2. Using estimation in addition, subtraction, and multiplication
3. Fraction concepts
4. Addition and subtraction of fractions
5. Factors and multiples
6. Points, lines, planes, angles, and polygons
7. Four-part problem solving process: read, understand, solve, and check.
8. Creation of word problems

Resources, Activities, and Assessments:

Textbook and supplementary materials, manipulatives, calculators, protractors, math centers and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK MATH**

Grade 6

Students will:

1. Demonstrate a mastery of long division using double-digit divisors.
2. Exhibit mastery of multiplication and division of fractions and decimals.
3. Identify proportions and solve a proportion for the missing term.
4. Exhibit accuracy in estimating fractions and decimals.
5. Round decimals to the hundredth place.
6. Show mastery of ratios, rates, percentages, and probability
7. Determine divisibility, primes, and composites.
8. Demonstrate an understanding of prime factorization.
9. Find the mean, median, mode, and range of a group of numbers.
10. Determine circumference, perimeter, and area of circles, rectangles, and triangles.
11. Identify congruent and similar figures and lines of symmetry.
12. Decode and solve word problems.
13. Create word problems from number problems.

Content Topics: Knowledge/Skills/Values

1. Multiplication and division of decimals, fractions, and whole numbers
2. Proportions and missing terms
3. Estimating and rounding numbers
4. Ratios, rates, and percentages
5. Probability
6. Divisibility, primes, and composites
7. Factorization
8. Statistics
9. Geometric concepts
10. Decoding and creating word problems

Resources, Activities, and Assessments:

Textbook and supplementary materials, calculators, geometric shapes, models, symbols, computers, manipulatives, math centers, participation in the Region VI Math League and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK MATH**

Grade 7

Students will:

1. Apply basic skills in all operations of integers.
2. Write and evaluate expressions with the known and unknown quantity.
3. Demonstrate mastery of squares and square roots.
4. Write, read, and interpret scientific notation.
5. Classify polygons by properties; measure and classify angles; find perimeter, area, and volume of polygons and prisms.
6. Exhibit mastery in solving problems relating to ratio and proportion.
7. Show proficiency in solving problems relating to statistics and probability.
8. Exhibit mastery in estimating tips, sales tax, and commission.
9. Accurately compute problems relating to percent.

Content Topics: Knowledge/Skills/Values

1. Grouping symbols, evaluating expressions, solving equations
2. Squares and square roots
3. Scientific notation
4. Geometric constructions and angle measurement
5. Using formulas in perimeter, area, and volume
6. Ratios to solve proportion, unit rates
7. Exploring fractions, decimals, and percents
8. Mean, median, mode, relative frequency
9. Estimating tips, sales tax, commission
10. Comparing and ordering integers; all operations with integers

Resources, Activities, and Assessments:

Textbook and supplementary materials, manipulatives, number lines, calculators, other computer programs, consumer project, cooperative learning projects, tessellations, geometric booklet, teacher-made quizzes, chapter tests, worksheets, math centers, Region VI Math League and interactive white board activities

# SACRED HEART SCHOOL-VALLEY PARK MATH

Grade 8

Students will:

1. Exhibit an understanding of algebraic structure and method.
2. Use critical thinking and problem solving skills to compute equations and problems.
3. Recognize and solve polynomials.
4. Identify specific skills and terms in an introduction to trigonometry.
5. Show proficiency in the use of geometric form and function.

Content Topics: Knowledge/Skills/Values

1. Variables, grouping symbols, and equations
2. Theorems and all operations with real numbers
3. Polynomials – all operations
4. Factoring polynomials
5. Pythagorean theorem
6. Sine, cosine, tangent, right triangles
7. Geometric constructions—angles and shapes
8. Formulas, total surface area, and volume

Resources, Activities, and Assessments:

Textbook and supplementary materials, manipulatives, calculators, bridge project, Math Trek and other computer programs, teacher-made quizzes, chapter tests, and worksheets, Region IV Math League and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK SCIENCE GOALS**

Students will:

1. Describe the history and nature of science and the moral and social scientific conflicts of the 21<sup>st</sup> century.
2. Identify and explore the branches of science: physical, life, earth, space.
3. Recognize that technology is the application of science to make products or tools that people can use.
4. Analyze the moral use of technology for the advancement of health, medicine, disaster preparedness, and communication.
5. Practice stewardship by participating in activities which protect, preserve, and enhance their environment.
6. Apply the scientific process of inquiry as they design research projects to solve problems.
7. Recognize the interdependence inherent within matter, energy, force, and motion.

## **SACRED HEART SCHOOL-VALLEY PARK SCIENCE**

Kindergarten

Students will:

1. Observe characteristics of living and non-living things.
2. Identify the four seasons and their typical weather.
3. Investigate the nutritional needs for good health.
4. Learn basic dental health needs.
5. Identify life cycles of plants and animals.
6. Learn the scientific method.

Content Topics: Knowledge/Skills/Values

1. Animals, plants, light, water, air, and earth
2. Fall, Winter, Spring, Summer

Resources, Activities, and Assessments:

Resource books, learning centers, classroom projects, videos, posters, charts, graphs, field trips and interactive white board activities

## SACRED HEART SCHOOL-VALLEY PARK SCIENCE

Grade 1

Students will:

1. Identify the environmental changes that occur with the seasons and their weather cycles.
1. Investigate the five senses and their uses.
2. Name and order the nine planets and their characteristics.
3. Identify five classes of animals.

Content Topics: Knowledge/Skills/Values

1. Winter, Spring, Summer, and Fall
2. The five senses: sight, hearing, smell, touch, and taste
3. Insects, amphibians, mammals, reptiles, and birds
4. The structure of the solar system

Resources, Activities, and Assessments:

Textbook and resources, *Weekly Reader* magazine, posters, videos, puzzles, field trips, classroom experiments, guest speakers and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK SCIENCE**

Grade 2

Students will:

1. Identify characteristics of organisms and their environment.
2. Identify the life cycles of organisms.
3. Analyze properties of objects and materials.
4. Recognize the positions and motion of objects.
5. Describe properties of earth and objects in the sky.
6. Analyze changes in earth and sky.
7. Exhibit knowledge of good personal hygiene habits.

Content Topics: Knowledge/Skills/Values

1. Plants, animals, and fossils
2. Matter, sound, heat, light, force, magnets, and electricity
3. Properties of earth, objects in the sky, and changes in the earth and sky
4. The human body
5. Penguins and their habitat
6. Insects and their habitat
7. The solar system

Resources, Activities, and Assessments:

Textbook and supplementary materials, workbook and assessment tools, field trips, classroom experiments, guest speakers and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK SCIENCE**

Grade 3

Students will:

1. Use the steps of the scientific process.
2. View and recognize parts of a plant.
3. Build a vocabulary of scientific terms.
4. Describe how earthquakes, water, and living things change the earth's landforms

Content Topics: Knowledge/Skills/Values

1. How plants live and grow
2. Matter: physical and chemical changes
3. The structure and function of body systems

Resources, Activities, and Assessments:

Texbook and supplementary materials, classroom experiments, computer-generated quizzes, computer software, Internet resources, teacher-made vocabulary quizzes, field trips, guest speakers and interactive white board activities

# **SACRED HEART SCHOOL-VALLEY PARK SCIENCE**

Grade 4

Students will:

1. Apply the scientific process of inquiry as they complete experiments using safety procedures.
2. Identify and explore the branches of science: life, physical, and earth.
3. Recognize the interdependence within matter, energy, force, and motion.
4. Identify and explain the characteristics and life cycles of organisms.
4. Practice stewardship by showing respect for the environment.
6. Identify how light and sound travel and how the human body sees light and hears sound.

Content Topics: Knowledge/Skills/Values

1. Organisms and their environment
2. Matter
3. Work and the laws governing motion
4. Electricity and magnetism

Resources, Activities, and Assessments:

Scott Foresman text, chapter tests and resources, classroom experiments, graduated cylinders, manipulatives, balances, weight set, meter sticks, pitchers, computers, educational videos, guest speakers, field trips, computer software, Internet resources and interactive white board activities

# SACRED HEART SCHOOL-VALLEY PARK SCIENCE

Grade 5

Students will:

1. Compare and contrast the different characteristics of all living organisms.
2. Identify the physical and chemical world of all matter.
3. Discuss the changing earth, including the layers of the earth, climate, and weather.
4. Explore astronomy: our solar system, the stars, and our moon .
5. Identify the respiratory and excretory systems of the human body.
6. Make a model of a flower and identify its parts.
7. Conduct experiments to show erosion and weathering.

Content Topics: Knowledge/Skills/Values

1. Classification of living things
2. Reproduction and changes of living organisms
3. Ecosystems and their structure
4. Classifying matter
5. Motion and energy
6. The make-up of the earth
7. The earth's natural resources
8. What contributes to seasons and climates
9. Our solar system and how it works
10. Living a healthy life

Resources, Activities, and Assessments:

Textbook and supplementary materials, leaf booklet project, planting flowers and observing their growth, constructing a moon phase wheel, erosion and weathering experiments, other classroom experiments, guest speakers, field trips, computer software, Internet resources and interactive white board activities

# SACRED HEART SCHOOL-VALLEY PARK SCIENCE

Grade 6

Students will:

1. Explain cell theory: identify and define cell structures and functions.
2. Compare and contrast reproduction and growth in living things.
3. Analyze physical and chemical properties of matter including: atoms, elements, and compounds.
4. Examine the processes that cause changes in the earth and its atmosphere.
5. Discuss health habits including: diet, exercise, and the effects of harmful substances on the human body.

Content Topics: Knowledge/Skills/Values

1. Life Sciences: metric measurements; graphing data; using a microscope; cell parts and functions; differences between plants and animals; DNA and its part in heredity; plant and animal species living in the earth's ecosystems and biomes
2. Physical Science: positive and negative numbers in temperature changes; physical and chemical states of matter; effect of heat and cold on objects; chemical reactions including acids and bases; moving objects; the application of Newton's Laws; understanding light, color, and sound; measuring light and sound waves
3. Earth Sciences: using science technology and measurement to study weather patterns of the earth; investigating the formation of the inner earth including environmental changes; the formation and effect of earthquakes; building a seismograph and measuring results; understanding the relationship of the earth, moon, and sun in relationship to the solar system; using stewardship to conserve natural resources
4. Human Body: functions of the nervous, endocrine, and sensory systems of the body, including healthy lifestyle choices and the negative effects of drugs on the human body

**SACRED HEART SCHOOL-VALLEY PARK  
SCIENCE**

Grade 6 (continued)

Resources, Activities, and Assessments:

Textbook and supplementary materials, lab experiments, videos, computer programs, classroom projects, tests, field trips, Ken -A -Vision Flex Scope, skeletal/anatomy models, compasses, magnets, consumable materials, Internet resources and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK SCIENCE**

Grade 7

Students will:

1. Identify parts, functions, and cell reproduction in plants and animals
2. Demonstrate understanding of respiration and photosynthesis
3. Investigate DNA and its role in heredity and the passing on of traits in plants and animals.
4. Compare and contrast the mitosis and meiosis in cell reproduction
5. Define the ecosystems of the earth and their relationship to climate and environment.
6. Identify and analyze plate tectonics and its effects on terrestrial formations.
7. Describe the effects of sound and light waves on energy and matter, and demonstrate the property of waves: speed, frequency, wavelength, and amplitude by the use of experimental investigation.

Content Topics: Knowledge/Skills/Values

1. The nature of science; scientific theories; technology; measurement of matter
2. Life's building blocks and processes; cell processes of plants and animals; respiration and excretion; animal behavior
3. Reproduction and heredity; cell and plant reproduction; regulation and reproduction including DNA and RNA production, heredity and the passing of traits to offspring
4. Ecology; the interaction and effect of living things on the earth's biomes
5. Building blocks of matter, states of matter, structure of atom; physical and chemical properties of matter

**SACRED HEART SCHOOL-VALLEY PARK  
SCIENCE**

Grade 7 (continued)

6. Waves, sound, and light; relationship of waves, energy, and matter; sound, light, and electromagnetic wave properties and behaviors and the effect on matter; uses of waves in technology

Resources, Activities, and Assessments:

Textbook and supplementary materials, laboratory experiments, videos, computer projects and programs, classroom projects, tests, field trips, microscopes, Ken- A- Vision Flex Scope, skeletal models, compasses, magnets, consumable materials, Internet resources and interactive white board activities

# SACRED HEART SCHOOL-VALLEY PARK SCIENCE

Grade 8

Students will:

1. Investigate space exploration, technology, and research for present and future application.
2. Examine the earth's physical and chemical components, the effects of weather on the earth and the atmosphere.
3. Describe and research the solar system including: planets, stars, and other celestial bodies.
4. Define and apply Newton's Laws of Motion to chemical and physical states of matter by the use of experimental investigations.
5. Identify the structure of the atom, the properties of elements, and the formation of elements into chemical compounds.
6. Analyze the functions and interactions of the systems of the human body as well as the importance of good health practices.
7. Compare and contrast the theories of evolution including natural selection and bio-diversity in ecosystems.

Content Topics: Knowledge/Skills/Values

1. Exploring space, sun-moon systems, solar system, stars, and galaxies, measurement of distances of planets and celestial bodies
2. Skeletal, muscular, digestive, circulatory, nervous, and regulatory body systems, and immunity and disease.
3. The role of genes in inheritance, dominant and recessive traits, and adaptations over time
4. Conservation of living and non-living things, good stewardship
5. Composition of the air, air pressure and weather; the water cycle and the earth; factors of weather; climate and its effects on the earth
6. Parts of the atom; periodic table; chemical bonds and chemical reaction
7. Motion and momentum of matter; Newton's Laws and the effect of forces on objects on earth and in space; effect of forces on solids, liquids, and gases

**SACRED HEART SCHOOL-VALLEY PARK  
SCIENCE**

Grade 8 (continued)

Resources, Activities, and Assessments:

Textbook and supplementary materials, lab experiments, assessments, movies, computer projects and programs, microscopes, skeletal, tarsal and other anatomy models, compasses, magnets, Ken-A-Vision, consumable materials, Internet resources and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK SOCIAL STUDIES GOALS**

Students will:

1. Identify and analyze the causes and effects of historical events and their relationship to contemporary society.
2. Define basic social science terms and use them appropriately in class discussions and written reports.
3. Give examples of the production, distribution, and consumption of various goods and the employment opportunities they provide.
4. Effectively use the tools of social science inquiry: documents, maps, globes, oral history, and statistics.
5. Compare how power, authority, and governance differ among nations and societal groups.
6. Exhibit respect for themselves and others.
7. Participate in events that celebrate cultural diversity.
8. Discuss current events and their national and global connections.
9. List significant persons, places, and events that impacted the course of world and national history.

**SACRED HEART SCHOOL-VALLEY PARK**  
**Social Studies**

Kindergarten

Student will:

1. Exhibit love and respect for our country.
2. Develop an appreciation and respect of different cultures.
3. Exhibit attributes of good citizenship in the classroom.
4. Develop social and historical awareness.
5. Express basic knowledge of maps, globes, land formation, and bodies of water.
6. Develop a sense of one's place in the community.

Content Topics: Knowledge/Skills/Values

1. Groups, leaders, rules
2. People, places, jobs
3. Unites States maps, world maps, globes
4. How the world changes over time
5. Symbols, heroes, national holidays

Resources, Activities, and Assessments

Houghton-Mifflin text, learning centers, related literature, maps, videos, guest speakers, field trips and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK SOCIAL STUDIES**

Grade 1

Students will:

1. Show an understanding of families and their dynamics through group discussions and activities.
2. Demonstrate knowledge of cardinal directions.
3. Express knowledge of map skills and create a map.
4. List and describe several religious and national holidays.
5. Describe the U. S. flag as a symbol of our country.

Content Topics: Knowledge/Skills/Values

1. Families are similar and different
2. Map skills
3. Christmas around the world, Chinese New Year, Easter, St. Valentine's Day, St. Patrick's Day, Presidents' Day, Thanksgiving
4. Needs, wants, and careers
5. The Pledge of Allegiance

Resources, Activities, and Assessments:

Textbook and supplementary materials, maps, related literature, *Weekly Reader*, Junior Achievement, field trips, videos, computer programs, guest speakers, role playing and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK SOCIAL STUDIES**

Grade 2

Students will:

1. Demonstrate an understanding of the interdependence of people.
2. List contributions of their ancestors.
3. Give examples of the diversity of people in our society.
4. Identify individuals who have made a difference in the lives of others.
5. Describe what it means to be a good citizen of the United States.

Content Topics: Knowledge/Skills/Values

1. Maps and diagrams
2. Where food comes from
3. Special jobs in the community
4. Who are our ancestors?
5. Family traditions
6. What life was like long ago
7. We are one country with one president.
8. Basics of our economic system
9. People who make a difference
10. Inventors and their inventions
11. Cities, suburbs, and rural areas

Resources, activities, and assessments:

Houghton Mifflin text and resources, map activity book, study guide book, leveled readers, literature sets, test booklet, Junior Achievement, *Time for Kids*, role playing, guest speakers, and field trips and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK SOCIAL STUDIES**

Grade 3

Students will:

1. Identify bodies of water, plains, and mountains as physical features of the earth.
2. Describe the different characteristics of Native American cultures from the Pacific Northwest, Plains, and Desert Regions.
3. Give examples of ways to conserve natural resources.
4. Using cardinal and intermediate directions, find a specific location, in relation to another location, on a map.

Content topics: Knowledge/Skills/Values

1. Describe hardships endured by the pioneers who settled our country
2. Construct a time line
3. Create a display of Native American Culture
4. Identify ways that natural resources affect the cultures of people of an area

Resources, Activities, and Assessments:

Textbook and supplementary materials, maps, tests and quizzes, *Weekly Reader*, Junior Achievement, literature, computer activities, speakers, field trips and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK SOCIAL STUDIES**

Grade 4

Students will:

1. Effectively use and interpret maps, globes, charts, graphs, and reference materials.
2. Identify and analyze the geography, history, and government of Missouri.
3. List significant persons, places, and events that impacted our nation's history.
4. Demonstrate an ability to use study and research skills.
5. Identify and label the 50 states and capitals.
6. Describe different kinds of natural and human resources in the United States.
7. List and explain the reasons pioneers moved from the East to the West and describe their challenges.
8. Describe the growth and development of the four U.S. regions.

Content topics: Knowledge/Skills/Values

1. Map and globe skills
2. Graphs and charts
3. Major landforms of the United States
4. Five regions of the United States and regions in Missouri
5. Tobacco, rice, cotton, and wheat grown in the United States
6. Industries changing the land and population
7. Major events in Missouri's history
8. Fifty states and capitals

Resources, Activities, and Assessments

Social studies textbook and supplementary materials, maps, globes, time lines, graphs, charts, chapter tests, worksheets, puzzles, states and capitals, flashcards, Missouri History text, Junior Achievement, field trips, guest speakers and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK SOCIAL STUDIES**

Grade 5

Students will:

1. Demonstrate an understanding of U.S. geography and history and the importance of cultural diversity in the U.S
2. Discuss experiences of the people who explored and settled America.
3. Describe life in the English colonies.
4. Identify significant events relating to the War of Independence.
5. Explore the many ways of life in the growing nation of the United States.
6. Depict how life in the North and South changed and led to divisions in a growing country.
7. Site examples of the effects of the Civil War and the challenges of building a new America.

Content topics: Knowledge/Skills/Values

1. A nation of many peoples: this land is ours: cities in our past
2. The first people of the Americas; the age of exploration; settling a new world
3. The Southern, New England, and Middle colonies
4. Crisis with Britain; war with Britain; searching for unity
5. Birth of a nation; westward expansion
6. Southern society; the industrial North; a divided nation
7. The Civil War and the period of Reconstruction in America

Resources, Activities, and Assessments

Textbook and supplementary materials, daily geography and current events questions, map and globe skill activities, graphs, charts, computer programs, videos, Junior Achievement, quizzes, text, tests, multi-sensory projects, field trips, speakers and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK SOCIAL STUDIES**

Grade 6

Students will:

1. Explain what factors shape and change culture.
2. Apply the five basic themes of geography: location, place, interaction, movement, and region to the study of world cultures.
3. Discuss the contributions of ancient Egypt.
4. Identify the origins of Hinduism and Buddhism.
5. Analyze the impact of technological achievements on Chinese civilization.
6. Describe the political organization of Athenian society and the government of Greece.
7. Compare and contrast the early civilizations: Mayans, Aztecs, and Incas in the Americas.
8. Discuss the reasons for European Crusades, rise of kingdoms, and feudalism during the Middle Ages.
9. Design and analyze graphs, charts, diagrams, and maps.

Content topics: Knowledge/Skills/Values

1. Early river civilizations of Mesopotamia, Nile, and Indus.
2. Mesoamerican and Andean civilization
3. Ancient civilizations of Greece and Rome
4. The beginning of Christianity
5. European Crusades/Middle Ages

Resources, Activities, and Assessments

Textbook and supplementary materials, daily geography questions, map and globe skill activities, multi-sensory projects, computer programs, tests, quizzes, text, workbook, speakers, field trips and interactive white board activities

**SACRED HEART SCHOOL-VALLEY PARK  
SOCIAL STUDIES**

Grade 7

Students will:

1. Locate and identify major countries and continents.
2. Synthesize information presented on a map to draw conclusions.
3. Locate real places and describe them by absolute locations and relative locations.
4. Explain how places are unique having features that differ in physical characteristics, such as climate, topography, and relationship to water.
5. Associate geographical factors with economic growth.
6. Explain the causes and outcomes of WWII and the Holocaust.
7. Analyze geographic, economic, and political data to determine a country's standard of living or general quality of life.

Content topics: Knowledge/Skills/Values

1. Physical and human geography
2. Europe/WWII/Holocaust
3. Asia with emphasis on China and Japan
4. Latin America
5. Middle East and North Africa
6. Africa
7. United States and Canada

Resources, Activities, and Assessments

Daily geography and current event questions, map and globe skill activities, graphs and charts, computer programs, videos, tests, quizzes, multi-sensory projects, textbook and supplementary materials, speakers, field trips and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK SOCIAL STUDIES**

Grade 8

Students will:

1. Explain the values and principles expressed in the Declaration of Independence.
2. Explain the causes of the American Revolution and the reasons for the American success.
3. Discuss the drafting of the Constitution and the formation of a new nation.
4. Identify and apply the values and principles expressed in the Bill of Rights.
5. Describe the system of checks and balances between the executive, legislative, and judicial branches of government.
6. Give examples of how local, state, and national governments impact people's lives.
7. Identify the effects of the Lewis and Clark expedition on westward expansion.
8. Describe the significant events involved in the expansion of the United States.
9. Analyze the causes and results of the Civil War.
10. Use geographic research to acquire, process, and report information and to solve problems and create maps.

Content Topics: Knowledge/Skills/Values

1. Colonization and settlement
2. Declaration of Independence and the Revolutionary War
3. Drafting the Constitution and the formation of a new government
4. Expansion and reform
5. Civil War

Resources, Activities, and Assessments

Daily geography, history, and current event questions, map and globe skills, multi-sensory projects, computer programs, textbook and supplementary materials, tests, quizzes, speakers, field trips and interactive white board activities

**SACRED HEART SCHOOL –VALLEY PARK  
MUSIC GOALS**

Students will:

1. Sing a varied repertoire of music, alone and with others.
2. Demonstrate a basic knowledge of the use of the elements of music
3. Apply knowledge and skill of music through improvisation and compositional interpretation/performances.
4. Sing with appropriate techniques and expression for various audiences.
5. Show an appreciation for and recognize different styles of music.
6. Judgments based on critical listening and analysis.
7. Respond to music aesthetically, intellectually, and emotionally.
8. Read, listen to, analyze, and describe music as it relates to history and culture.

**SACRED HEART SCHOOL-VALLEY PARK**  
**Music**

Kindergarten

Students will:

1. Sing children's tunes that teach basic rhythm and pitch movement.
2. Play basic rhythm games to develop movement and coordination.
3. Sing and demonstrate the very basic solfege\* hand signs and pitch syllables.
4. Discuss basic music theory\*.

Activities:

1. Sing in class to learn song melodies and lyrics.
2. Participate in games with musical elements.
3. Drill solfege hand signs and pitch syllables.
4. Dance and move to music.

Resources:

Rhythm instruments and recordings, textbooks and interactive white board activities

\*Solfege is the system singers use to practice ear-training.

\*Music theory includes: melody, harmony, beat, rhythm, pitch, notation, and analysis.

**SACRED HEART SCHOOL –VALLEY PARK  
MUSIC**

Grade 1

Students will:

1. Sing children's tunes that teach basic rhythm and pitch movement.
2. Play basic rhythm games to develop movement and coordination.
3. Demonstrate all the basic solfege hand signs and pitch syllables.
4. Sing songs solo, from memory in a performance situation.
5. Demonstrate basic music theory.
6. Repeat rhythm patterns.

Activities:

1. Sing in class to learn song melodies and lyrics.
2. Participate in games with musical elements.
3. Perform solfege hand signs and pitch syllables.
4. Sing solo parts in class.

Resources:

Textbooks, recordings, rhythm instruments and interactive white board activities

**SACRED HEART SCHOOL –VALLEY PARK  
MUSIC**

Grade 2

Students will:

1. Sing basic American folk and patriotic tunes.
2. Read and perform basic rhythms.
3. Sing in basic two-part harmony.
4. Apply basic melodies in solfege.
5. Increase knowledge of music theory to include notation.
5. Identify rhythmic patterns

Activities:

1. Sing in class to learn song melodies and lyrics.
2. Participate in group games with musical elements.
3. Demonstrate solfege hand signs and pitch syllables using harmony.
4. Sing duets in class.
5. Demonstrate music theory concepts.

Resources:

Textbooks, recordings, rhythm instruments and interactive white board activities

**SACRED HEART SCHOOL –VALLEY PARK  
MUSIC**

Grade 3.

Students will:

1. Sing harmony parts to basic folk tunes.
2. Read and perform basic rhythm parts.
3. Demonstrate basic meters.
4. Identify the difference between major and minor tonalities.
5. Play instruments.
6. Study the families of instruments.

Activities:

1. Sing in class to learn song melodies and lyrics.
2. Participate in games with musical elements.
3. Demonstrate solfege hand signs and pitch syllables using harmony.
4. Sing songs in harmony in small group settings.
5. Perform rhythm accompaniments on rhythm instruments.
6. Apply basic theory.

Resources:

Textbooks, instruments, manuscript paper, recordings and interactive white board activities

**SACRED HEART SCHOOL –VALLEY PARK  
MUSIC**

Grade 4

Students will:

1. Sing popular and sacred songs.
2. Notate dictated melodies and rhythms.
3. Perform in a spring production involving singing and drama.
4. Volunteer to sing solos.

Activities:

1. Sing in class to learn popular and sacred songs.
2. Practice dictating melodies and rhythms.
3. Prepare a spring production involving singing and drama.
4. Sing solos in class and in the spring production.

Resources:

Textbooks, instruments, manuscript paper, recordings and interactive white board activities

**SACRED HEART SCHOOL –VALLEY PARK  
MUSIC**

Grade 5

Students will:

1. Distinguish and sing three-part harmony.
2. Sing popular songs.
3. Study melodies and harmony.
4. Demonstrate musical styles from other countries.
5. Participate in the spring musical.

Activities:

1. Sing three-part harmony in class.
2. Sing current popular songs.
3. Practice notating melodies and harmony.
4. Study styles from other countries.
5. Prepare for the spring musical.
6. Play instruments.

Resources:

Textbooks, instruments, manuscript paper, recordings and interactive white board activities

**SACRED HEART SCHOOL –VALLEY PARK  
MUSIC**

Grade 6

Students will:

1. Sing in harmony acappella.
2. Sing songs of different musical styles.
3. Practice dictation of melodies and harmony.
4. Demonstrate an understanding of history of American music.
5. Participate in the spring musical.
6. Demonstrate and apply more advanced music theory.
7. Play instruments in groups.

Activities:

1. Sing acappella harmony.
2. Study popular songs.
3. Practice dictating melodies and harmony.
4. Take the American Music exam.
5. Participate in the spring musical.
6. Play instruments.

Resources:

Textbooks, instruments, manuscript paper, recordings and interactive white board activities

**SACRED HEART SCHOOL –VALLEY PARK  
MUSIC**

Grade 7

Students will:

1. Sing in harmony.
2. Study current popular styles.
3. Study advanced solfege and dictation.
4. Demonstrate listening skills.
5. Explain music theory and notation.

Activities:

1. Sing popular songs.
2. Write a report on modern styles.
3. Practice dictation and ear training.
4. Participate in the spring musical.
5. Demonstrate music theory concepts.

Resources:

Textbooks, instruments, manuscript paper, recordings and interactive white board activities

**SACRED HEART SCHOOL –VALLEY PARK  
MUSIC**

Grade 8

Students will:

1. Sing in class.
2. Study solfege and dictation.
3. Research and identify modern composers and performers.
4. Show respect for all types of music.
5. Apply music theory.

Activities:

1. Study popular songs.
2. Practice dictation and ear training.
3. Write a report on a modern composer/performer of their choice.
4. Participate in the spring musical.
5. Write and perform a musical composition.

Resources:

Textbooks, instruments, manuscript paper, recordings and interactive white board activities

## **SACRED HEART SCHOOL-VALLEY PARK PHYSICAL EDUCATION GOALS**

Students will:

1. Demonstrate gross and fine motor skills.
2. Demonstrate proper use and care of equipment.
3. Demonstrate necessary skills: games, dances, and exercises.
4. Demonstrate knowledge of rules and terminology of games, dances, and exercises.
5. Demonstrate knowledge of current events in sports and health.
6. Demonstrate one's individual best effort in regard to the Presidential Physical Fitness curriculum.
7. Demonstrate good sport-man-ship and Christian behavior.
8. Demonstrate responsibility through preparation for class, dressing for gym, and class assignments.
9. Demonstrate healthy habits of good nutrition, hygiene, and daily exercise routines.

**SACRED HEART SCHOOL-VALLEY PARK  
PHYSICAL EDUCATION**

Kindergarten

Students will:

1. Identify and comply with safety rules and procedures.
2. Use a variety of locomotor and non-locomotor movement skills.
3. Participate in physical activities that monitor self-improvement.
4. Use a variety of skills that develop basic skills for future physical activity.
5. Participate in selected sequenced physical activities.
6. Participate in health enhancing, lifetime physical and personal wellness activities.
7. Discover creative and rhythmical movements through music.

Activities:

1. Perform activities requiring running, skipping, hopping, jumping, galloping, sliding, and leaping.
2. Perform activities requiring pushing, pulling, bending, twisting, turning, and stretching.
3. Play low organization games.
4. Perform activities that use balls for throwing, catching and kicking.
5. Perform activities using fabric ladders, ropes, parachutes, plyometric boxes, and obstacle courses.
6. Perform activities for striking and eye-hand coordination.
7. Perform activities in dance, musical games, aerobics, and yoga.
8. Perform activities that develop good listening skills, team cooperation, good sportsmanship, and safety practices.

SACRED HEART SCHOOL-VALLEY PARK  
PHYSICAL EDUCATION

Kindergarten (Continued)

Resources:

Balls of different sizes, beanbags, balloons, golf club games, jump ropes, tumbling mats, parachute, pylometric boxes, hula hoops, movement tapes, activity CDs, aerobic videos, poly spots, fabric leaders, scooters and interactive white board activities

Variety of written resources including: Physical Education Teacher's Complete Fitness and Skills Developmental Activities Program; A Guide for Physical Education; How We Do It Game Book; Yoga Games; Games and Activities for Quality Physical Education.

## **SACRED HEART SCHOOL-VALLEY PARK PHYSICAL EDUCATION**

Grade 1:

Students will:

1. Identify and comply with safety rules and procedures.
2. Participate in selected sequenced physical activities.
3. Participate in selected activities that develop basic skills for future participation in lifetime physical activities.
4. Participate in health-enhancing, lifetime physical and personal wellness activities.
5. Participate in activities that facilitate self-improvement, communication, and cooperation in groups.
6. Participate in rhythmical and creative movements through music.
7. Demonstrate proficiency in 75% of locomotor skills.
8. Demonstrate proficiency in 75% of non-locomotor skills.

Activities:

1. Perform activities requiring running, skipping, hopping, jumping, galloping, sliding, and leaping.
2. Perform activities requiring pushing, pulling, bending, twisting, turning, and stretching.
3. Play low-organization games.
4. Perform activities that use balls for throwing, catching, and kicking.
5. Perform distance running, speed running, push-ups, pull-ups, sit-ups, flexibility stretches, aerobic activities, including jumping rope.
6. Perform self-testing activities and participate in small group activities and cooperative games.
7. Perform dance, musical games, aerobics, and yoga.

## SACRED HEART SCHOOL-VALLEY PARK PHYSICAL EDUCATION

Grade 1: (cont.)

Resources:

Balls of different sizes, beanbags, balloons, golf club games, jump ropes, tumbling mats, parachute, pylometric boxes, hula hoops, movement tapes, activity CDs, aerobic videos, poly spots, fabric ladders, scooters and interactive white board activities

Variety of written resources including: Physical Education Teacher's Complete Fitness and Skills Developmental Activities Program; A Guide for Physical Education; How We Do It Game Book; Yoga Games; Games and Activities for Quality Physical Education.

**SACRED HEART SCHOOL-VALLEY PARK  
PHYSICAL EDUCATION**

Grade 2:

Students will:

1. Identify and comply with safety rules and procedures.
2. Demonstrate mastery in a variety of locomotor and non-locomotor movement skills.
3. Participate in selected sequenced physical activities.
4. Participate in selected activities that develop basic skills for future participation in lifetime physical activities.
5. Participate in health-enhancing, lifetime physical and personal wellness activities.
6. Participate in activities that facilitate self-improvement, communication, and cooperation in groups.
7. Demonstrate progress towards mastery in manipulative skills including catching, throwing, and kicking.
8. Participate in rhythmical and creative movements through music.

Activities:

1. Perform low organization and lead-up games.
2. Perform activities requiring running, skipping, hopping, jumping, galloping, sliding, and leaping.
3. Perform activities requiring pushing, pulling, bending, twisting, turning, and stretching.
4. Perform activities requiring kicking, striding, throwing, and catching.
5. Perform activities involving speed running, distance running, push-ups, pull-ups, sit-ups, flexibility stretches, and aerobic activities.
6. Perform a variety of activities involving self-testing, small group activities, cooperative games, and challenges.
7. Dance and move in a variety of styles to music.

## SACRED HEART SCHOOL-VALLEY PARK PHYSICAL EDUCATION

Grade 2: (cont.)

Resources:

Balls of different sizes, beanbags, balloons, golf club games, jump ropes, tumbling mats, parachute, pylometric boxes, hula hoops, movement tapes, activity CDs, aerobic videos, poly spots, fabric ladders, scooters and interactive white board activities

Variety of written resources including: Physical Education Teacher's Complete Fitness and Skills Developmental Activities Program; A Guide for Physical Education; How We Do It Game Book; Yoga Games; Games and Activities for Quality Physical Education.

**SACRED HEART SCHOOL-VALLEY PARK  
PHYSICAL EDUCATION**

Grade 3:

Students will:

1. Identify and comply with safety rules and procedures.
2. Participate in selected sequenced physical activities.
3. Participate in selected activities that develop basic skills for future participation in lifetime physical activities.
4. Explain the impact of good nutrition and proper rest on future fitness.
5. Identify and participate in fitness and conditioning programs to improve health- related fitness.
6. Practice conflict resolution to solve disagreements during organized physical activities.
7. Participate in activities that enhance self-improvement, communication, and cooperation in groups.
8. Demonstrate rhythmical, creative, and other dance activities.
9. Demonstrate mastery level proficiency in all locomotor and non-locomotor skills.
10. Demonstrate mastery of selected manipulative skills.

Activities:

1. Perform simple lead-up games to more difficult sports by modifying rules and equipment.
2. Perform activities and games requiring kicking, striking, throwing, and catching.
3. Participate in activities relating to the importance of good nutrition and proper rest for a healthy lifestyle.
4. Perform activities that require speed and distance running, fitness exercises, aerobic and non-aerobic activities, flexibility stretches, and strengthening activities.
5. Perform various activities involving self-testing, cooperation games, challenges, and small group activities.
6. Perform dance, musical games, and aerobics.

## SACRED HEART SCHOOL-VALLEY PARK PHYSICAL EDUCATION

Grade 3: (cont.)

7. Participate in yoga activities.
8. Perform games and activities that require locomotor and non-locomotor skills.

Resources:

Balls of different sizes, beanbags, balloons, golf club games, jump ropes, tumbling mats, parachute, pylometric boxes, hula hoops, movement tapes, activity CDs, aerobic videos, poly spots, fabric ladders, scooters and interactive white board activities

Variety of written resources including: Physical Education Teacher's Complete Fitness and Skills Developmental Activities Program; A Guide for Physical Education; How We Do It Game Book; Yoga Games; Games and Activities for Quality Physical Education.

## **SACRED HEART SCHOOL-VALLEY PARK PHYSICAL EDUCATION**

Grade 4:

Students will:

1. Identify and comply with safety rules and procedures.
2. Participate in selected sequenced physical activities.
3. Demonstrate activities that develop basic skills for future participation in lifetime physical activities.
4. Associate a variety of activities with their specific health-related benefits.
5. Assess one's own health, reduction of risk factors, and avoidance of high-risk behaviors.
6. Measure personal fitness and participate in conditioning program.
7. Participate in activities to prepare for a health-related fitness assessment.
8. Practice peer conflict resolution process to solve disagreements during organized physical activity.
9. Apply rhythmical and creative dance skills.
10. Demonstrate mastery level proficiency in all locomotor and non-locomotor skills as incorporated with activities.
11. Demonstrate mastery of selected isolated manipulative skills and perform them independently and/or in cooperative group activity.

Activities:

1. Perform simple lead-up games to more difficult sports by modifying rules and equipment on a proficient level.
2. Perform moderately difficult activities and games requiring kicking, striking, throwing, and catching.
3. Discuss and perform activities that relate health benefits at the time of the activity.
4. Discuss means of solving disagreements as problems appear.
5. Perform activities that will increase abilities listed in Presidential Physical Fitness Test.

## SACRED HEART SCHOOL-VALLEY PARK PHYSICAL EDUCATION

Grade 4: (cont.)

6. Participate in a variety of activities that include cooperative tasks and group challenges.
7. Participate in rhythm and dance activities.
8. Participate in a variety of manipulative skills.

Resources:

Balls of different sizes, beanbags, balloons, golf club games, jump ropes, tumbling mats, parachute, pylometric boxes, hula hoops, movement tapes, activity CDs, aerobic videos, poly spots, fabric ladders, scooters and interactive white boards

Variety of written resources including: Physical Education Teacher's Complete Fitness and Skills Developmental Activities Program; A Guide for Physical Education; How We Do It Game Book; Yoga Games; Games and Activities for Quality Physical Education.

## **SACRED HEART SCHOOL-VALLEY PARK PHYSICAL EDUCATION**

Grade 5:

Students will:

1. Identify and comply with safety rules and procedures.
2. Participate in selected sequenced physical activities.
3. Assess and develop a plan to improve on physical fitness test.
4. Perform activities in preparation for physical fitness assessment.
5. Discuss the benefits of and participate in warm-up and cool-down activities.
6. Identify activities that develop basic skills for future participation in lifetime physical activities.
7. Review motor skills that apply to specific lifetime activities.
8. Demonstrate appropriate behavior for involvement in all areas of physical education.
9. Participate in cooperative team building activities and discuss the importance of teaming skills.
10. Perform rhythmic movement utilizing equipment.
11. Identify and demonstrate basic steps of motor skill development
12. Extend and improve previously learned motor skills.

Activities:

1. Perform simple lead-up games to more difficult sports by modifying rules and equipment on a proficient level.
2. Perform moderately difficult activities and games requiring kicking, striking, throwing, and catching.
3. Discuss and perform activities that relate health benefits at the time of the activity.
4. Discuss means of solving disagreements as problems appear.
5. Perform activities that will increase abilities listed in Presidential Physical Fitness Test.
6. Participate in a variety of activities that include cooperative tasks and group challenges.
7. Apply rhythmical, creative, and other dance skills.

**SACRED HEART SCHOOL-VALLEY PARK  
PHYSICAL EDUCATION**

Grade 5: (cont.)

8. Play team games that require cooperation and team work.

Resources:

Balls of different sizes, beanbags, balloons, golf club games, jump ropes, tumbling mats, parachute, pylometric boxes, hula hoops, movement tapes, activity CDs, aerobic videos, poly spots, fabric ladders, scooters and interactive white board activities

Variety of written resources including: Physical Education Teacher's Complete Fitness and Skills Developmental Activities Program; A Guide for Physical Education; How We Do It Game Book; Yoga Games; Games and Activities for Quality Physical Education.

**SACRED HEART SCHOOL-VALLEY PARK  
PHYSICAL EDUCATION**

Grade 6:

Students will:

1. Identify and comply with safety rules.
2. Demonstrate knowledge of cardiovascular conditioning and other fitness components.
3. Assess and improve on physical fitness test performance.
4. Describe the benefits of and participate in warm-up and cool-down activities.
5. Perform activities in preparation for physical fitness assessment.
6. Demonstrate basic skills, rules, and knowledge necessary to participate in lifetime sports, games, or physical activities.
7. Demonstrate positive behavior as a participant and spectator in physical activities.
8. Demonstrate appropriate peer mediation/conflict resolution skills in all activities.
9. Perform rhythmic movement activities utilizing equipment.
10. Recognize and apply rules, strategies, and terminology for varied activities.
11. Extend and improve previously learned motor skills.
12. Identify personal physical activity goals.

Activities:

1. Perform simple lead-up games to more difficult sports by modifying rules and equipment on a proficient level.
2. Perform moderately difficult activities and games requiring kicking, striking, throwing, and catching.
3. Discuss and perform activities that relate health benefits at the time of the activity.
4. Discuss means of solving disagreements as problems appear.

## SACRED HEART SCHOOL-VALLEY PARK PHYSICAL EDUCATION

Grade 6: (cont.)

5. Perform activities that will increase abilities listed in Presidential Physical Fitness Test.
6. Participate in a variety of activities that include cooperative tasks and group challenges.
7. Participate in a variety of rhythmical, creative, and other dance skills.
8. Perform selected isolated manipulative skills working independently and/or in group activity.
9. Discuss and assess health issues and reduction of risk factors.
10. Play team games that require cooperation and team work.

Resources:

Balls of different sizes, beanbags, balloons, golf club games, jump ropes, tumbling mats, parachute, pylometric boxes, hula hoops, movement tapes, activity CDs, aerobic videos, poly spots, fabric ladders, scooters and interactive white board activities

Variety of written resources including: Physical Education Teacher's Complete Fitness and Skills Developmental Activities Program; A Guide for Physical Education; How We Do It Game Book; Yoga Games; Games and Activities for Quality Physical Education.

## **SACRED HEART SCHOOL-VALLEY PARK PHYSICAL EDUCATION**

Grade 7:

Students will:

1. Identify and comply with safety rules and procedures.
2. Demonstrate knowledge of cardiovascular conditioning and other fitness components in a variety of physical activities.
3. Demonstrate and apply appropriate techniques in all activities.
4. Assess personal fitness and develop a plan to improve physical fitness test performance.
5. Participate in and analyze the benefits of warm-up and cool-down activities.
6. Analyze and demonstrate the basic skills and knowledge necessary to participate in lifetime sports, games, or physical activities.
7. Demonstrate appropriate behavior and cooperative team-building skills for involvement in all areas of physical activity.
8. Demonstrate appropriate peer mediation/conflict resolution skills in all activities.
9. Review ways to build positive personal relationships and positive self-concept; analyze influences on personal health decisions; practice decision-making and communication skills while participating in physical activity.
10. Select and perform creative movement sequences using elements of dance.
11. Recognize and apply rules, strategies, and terminology for varied physical activities.
12. Perform activities in preparation for physical fitness assessment.
13. Extend and improve previously learned motor skills in team and /or lifetime activities.

## SACRED HEART SCHOOL-VALLEY PARK PHYSICAL EDUCATION

Grade 7: (cont.)

Activities:

1. Perform simple lead-up games to more difficult sports by modifying rules and equipment on a proficient level.
2. Perform moderately difficult activities and games requiring kicking, striking, throwing, and catching.
3. Discuss and perform activities that relate health benefits at the time of the activity.
4. Discuss means of solving disagreements as problems appear.
5. Perform activities that will increase abilities listed in Presidential Physical Fitness Test.
6. Participate in a variety of activities that include cooperative tasks and group challenges.
7. Participate in a variety of rhythmical, creative, and other dance skills.
8. Perform selected isolated manipulative skills working independently or in group activity
9. Discuss reduction of risk factors in class activities.
10. Play team games that require cooperation and team work.

Resources:

Balls of different sizes, beanbags, balloons, golf club games, jump ropes, tumbling mats, parachute, pylometric boxes, hula hoops, movement tapes, activity CDs, aerobic videos, poly spots, fabric ladders, scooters and interactive white boards

Variety of written resources including: Physical Education Teacher's Complete Fitness and Skills Developmental Activities Program; A Guide for Physical Education; How We Do It Game Book; Yoga Games; Games and Activities for Quality Physical Education.

## **SACRED HEART SCHOOL-VALLEY PARK PHYSICAL EDUCATION**

Grade 8:

Students will:

1. Identify and comply with safety rules and procedures.
2. Demonstrate knowledge of cardiovascular conditioning and other fitness components in a variety of physical activities.
3. Demonstrate and apply appropriate techniques in all activities.
4. Assess personal fitness and develop a plan to improve physical fitness test performance.
5. Participate in and analyze the benefits of warm-up and cool-down activities.
6. Analyze and demonstrate the basic skills and knowledge, including rules and terminology, necessary to participate in lifetime sports, games, or physical activities.
7. Demonstrate appropriate behavior and cooperative team building skills for involvement in all areas of physical activity.
8. Demonstrate appropriate peer mediation/conflict resolution skills in all activities.
9. Review ways to build positive personal relationships and positive self-concept; analyze influences on personal health decisions; practice decision-making and communication skills while participating in physical activity.
10. Select and perform creative movement sequences using elements of dance.
11. Recognize and apply rules, strategies, and terminology for varied physical activities.
12. Perform activities in preparation for physical fitness assessment.
13. Extend and improve previously learned motor skills in team and /or lifetime activities.
14. Demonstrate appropriate methods for warm-up and cool-down activities.
15. Compare intensity levels for a variety of physical activities.
16. Employ proper conditioning practices to enhance performance and fitness.

## SACRED HEART SCHOOL-VALLEY PARK PHYSICAL EDUCATION

Grade 8: (cont.)

Activities:

1. Perform simple lead-up games to more difficult sports by modifying rules and equipment on a proficient level.
2. Perform moderately difficult activities and games requiring kicking, striking, throwing, and catching.
3. Discuss and perform activities that relate health benefits at the time of the activity.
4. Discuss means of solving disagreements as problems appear.
5. Perform activities that will increase abilities listed in Presidential Physical Fitness Test.
6. Participate in a variety of activities that include cooperative tasks and group challenges.
7. Participate in a variety of rhythmical, creative, and other dance skills.
8. Perform selected isolated manipulative skills working independently or in group activity
9. Discuss and assess health issues and reduction of risk factors.
10. Play team games that require cooperation and team work.

Resources:

Balls of different sizes, beanbags, balloons, golf club games, jump ropes, tumbling mats, parachute, pylometric boxes, hula hoops, movement tapes, activity CDs, aerobic videos, poly spots, fabric ladders, scooters and interactive white board activities

Variety of written resources including: Physical Education Teacher's Complete Fitness and Skills Developmental Activities Program; A Guide for Physical Education; How We Do It Game Book; Yoga Games; Games and Activities for Quality Physical Education.

## **SACRED HEART SCHOOL-VALLEY PARK ART GOALS**

Students will:

1. Demonstrate ability to recognize and effectively use various art media.
2. Demonstrate and exhibit creativity and inventiveness in various media.
3. Demonstrate both pragmatic and individualistic approaches to creative projects.
4. Demonstrate ability to construct a color wheel and to understand the following relationships: primary colors, secondary colors, complimentary colors.
5. Demonstrate ability to use a variety of art materials and tools.
6. Demonstrate ability to see shape to create patterns and designs.
7. Demonstrate ability to recognize and differentiate various visual textures, both natural and man-made.
8. Demonstrate ability to recognize and use basic elements of visual design: line, color, space, texture, and form.
9. Demonstrate ability to recognize and use the following color schemes: monochromatic, analogous, and complimentary.
10. Demonstrate recognition of selected artists, of selected works of art, and of the place of art in history.

## **SACRED HEART SCHOOL-VALLEY PARK ART GOALS**

Kindergarten

Students will:

1. Identify and use geometric and symmetrical shapes.
2. Identify and use primary and secondary colors.
3. Blend natural colors.
4. Identify and use a variety of lines (zigzag, curved, angled, etc.).
5. Create center of interest focus.
6. Recognize and use proper placement of body parts.
7. Recall images through drawing and painting.
8. Develop hand-eye coordination.
9. Identify and explore media.
10. Use overlapping shapes.
11. Create patterns by repeating shapes and colors.

## **SACRED HEART SCHOOL-VALLEY PARK ART GOALS**

### Kindergarten/Grade 1

Students will:

1. Identify and use geometric and symmetrical shapes.
2. Identify and use primary and secondary colors.
3. Blend natural colors.
4. Identify and use a variety of lines (zigzag, curved, angled, etc.)
5. Create center of interest focus.
6. Recognize and use proper placement of body parts.
7. Recall images through drawing and painting.
8. Develop hand-eye coordination.
9. Identify and explore media.
10. Use overlapping shapes.
11. Create patterns by repeating shapes and colors.

### Grade 2

Students will:

1. Use of a variety of colors, lines, shapes, and textures.
2. Identify focus of interest in composition.
3. Be aware of and use horizon line to convey depth.
4. Use personal experiences to express ideas and emotions.
5. Use textural qualities in work.
6. Recognize and use warm and cool colors.
7. Use line for expression.
8. Use and refine geometric shapes.
9. Create movement in work through repetition of line, shape, color.
10. Differentiate between two- and three-dimensional objects.
11. Create art from real life, and imagination.

## **SACRED HEART SCHOOL-VALLEY PARK ART GOALS**

### Grade 3

Students will:

1. Recognize and use primary, secondary, tertiary, warm and cool colors.
2. Use neutrals to create tints and shades.
3. Recognize and use analogous (related colors).
4. Show movement through correct placement of body parts and gesture poses.
5. Use correct proportion of facial features and body parts.
6. Identify basic geometric forms (spheres, cones, pyramids).
7. Demonstrate attention to details and visual/tactile textures.
8. Create three-dimensional objects using paper.
9. Implement the use of pattern through printmaking.
10. Implement the use of line to create a mood.
11. Identify and use “abstract” art.
12. Demonstrate basic perspective (diminishing size and placement) to show depth.
13. Identify foreground, middle ground, and background.

### Grade 4

Students will:

1. Identify and use a full range of values in drawing and painting.
2. Identify and use complementary colors.
3. Refine ability to mix a wide variety of colors.
4. Refine ability to create visual and tactile texture.
5. Draw figures displaying expression and emotion as well as action.
6. Recognize multiple focus points with varying degrees of prominence.
7. Identify symmetrical, asymmetrical, and radial balance.
8. Use asymmetrical compositions.
9. Understand and implement design principles: balance, unity, variety, contrast, rhythm, movement, emphasis and pattern.
10. Use positive and negative spaces in compositions.
11. Identify and use “non-objective” art.
12. Use regular vs. random patterns.
13. Appreciate different movements in art.

## **SACRED HEART SCHOOL-VALLEY PARK ART GOALS**

### Grade 5

Students will:

1. Identify the full color wheel and how the color mixtures are created.
2. Explore many tools to achieve desired result.
3. Explore techniques on a variety of surfaces, colors and textures.
4. Use brush techniques: wet, dry, wash.
5. Use drawing techniques of shading and contour
6. Demonstrate weaving.
7. Apply paper techniques.
8. Use chalk and pastels: wet, dry, blending.
9. Demonstrate printmaking: mono prints, relief prints, soft linoleum.
10. Create a collage using mixed media.
11. Demonstrate elements and principles of design, color, texture, line, shape, composition, space.
12. Demonstrate awareness of various cultures through art. (This relates to grade level curriculum.)
13. Develop an awareness of the creative process and visual problem solving
14. Explore the techniques of various artists through the study of art history.
15. Develop skills in evaluation.

### Grade 6

Students will:

1. Define colors on color wheel, warm colors, cool colors.
2. Identify and use colors, define terms, and provide visual examples.
3. Define and produce examples of a good composition.
4. Identify shapes: geometric, organic and non-objective.
5. Define line terms.
6. Identify values, tones, shades, contrast.
7. Form and understand proportions of the human body, animal proportions.
8. Demonstrate the principles and elements of art.

## **SACRED HEART SCHOOL-VALLEY PARK ART GOALS**

### Grade 7

Students will:

1. Recognize types of lines
2. Creating a motif or pattern using lines
3. Identify shapes.
4. Understands form and proportions.
5. Explore perspective, aerial, one- and two-point perspective.
6. Create values.
7. Explore construction and assemblage.
8. Use various media: wire, paper, metal, wood to create 3-D sculpture.

### Grade 8

Students will:

1. Use all the elements and principles of art.
2. Demonstrate knowledge of the color wheel and the values of colors.
3. Study Art History.
4. Demonstrate an appreciation of prominent artists and techniques.
5. Recognize styles of art: Impressionism, etc.
6. Evaluate art of other artists as well as own work.

## **SACRED HEART SCHOOL-VALLEY PARK TECHNOLOGY GOALS**

Our technology program consists of a state-of-the-art computer lab with personal computer systems, printers, scanners, digital cameras, video cameras, VCR players, DVD players, a video editing machine, TV's, and classroom computers. It also includes a variety of learning programs and software to further the goals in each subject area for every grade level.

The use of the computer lab and classroom computers is intended to integrate technology into the learning process through the cooperative efforts of the technology coordinator and the classroom teachers. In this way, the classroom teacher is afforded many technological tools to implement the curricular goals.

Students will:

1. Identify components of a computer system.
2. Identify and utilize multi-media technology, including television, videocassette recorders, DVD players, digital cameras, and video cameras.
3. Demonstrate the proper care and handling of computer hardware and software.
4. Select the appropriate hardware and software for a specific task.
5. Use selected computer applications.
6. Utilize the computer to word process and create reports and presentations.
7. Reinforce skills in all curricular areas.
8. Research using the Internet.
9. Develop creativity and thinking skills.
10. Understand ethical, moral, cultural, and social issues related to computer technology

**SACRED HEART SCHOOL - VALLEY PARK, MO**  
**SCHOOL GOALS**  
**TECHNOLOGY**

Kindergarten

Students will:

1. Open and close programs using a mouse.
2. Use a mouse to drag objects in a program.
3. Use informal keyboarding skills.
4. Open a web browser and navigate the “Favorites” toolbar.
5. Use basic operations in *Microsoft Word* and *Paint*.

Activities:

- Practice letter recognition and beginning and middle sounds using *Kidspiration*
- Practice math skills such as sorting and graphing using *Kidspiration*
- Create an “All About Me” book using *Storybook Weaver*
- Use *Microsoft Word* to type poetry
- Use *Paint* to draw basic pictures

## Grade 1

### Students will:

1. Open and close programs using a mouse.
2. Save projects in a program.
3. Use a mouse to drag objects in a program.
4. Use informal keyboarding skills.
5. Open a web browser and navigate the “Favorites” toolbar.
6. Use basic operations in *Microsoft Word* and *Paint*.

### Activities:

- Use *Storybook Weaver* to create books about apples, pumpkins and planets
- Create “All About Me” webs using *Kidspiration*
- Use *Paint* to create pictures
- Use *Kidspiration* to create graphic organizers about nouns, vowels, and money

## Grade 2

### Students will:

1. Open and close programs using a mouse.
2. Save projects in a personal file.
3. Use a mouse to drag objects in a program.
4. Use informal keyboarding skills.
5. Open a web browser and navigate the “Favorites” toolbar.
6. Use basic operations in *Microsoft Word* and *Paint*.
7. Create a *PowerPoint* presentation.
8. Create a variety of projects using the *Kidspiration* program.
9. Participate in Internet Safety lessons.
10. Expand knowledge of Microsoft toolbar functions.

### Activities:

- Use *Microsoft Word* and *Paint* to create documents with text and pictures
- Use *Storybook Weaver* to create books about types of communities and original stories
- Use *Microsoft Word* to create charts about contractions and create poetry
- Create graphic organizers for the Sacrament of Reconciliation, holiday facts, science topics, adverbs, etc.
- Create a *PowerPoint* about the Mass

## Grade 3

### Students will:

1. Open and close programs using a mouse.
2. Save projects in a personal file.
3. Use informal keyboarding skills.
4. Open a web browser and navigate the “Favorites” toolbar.
5. Use basic operations in *Microsoft Word* and *Paint*.
6. Expand knowledge of the Microsoft toolbar to create tables, columns, copy and paste, and create borders.
7. Begin utilizing the spelling and grammar check.
8. Begin using right click menu options and keyboard shortcuts.
9. Learn to print documents.
10. Create and present a *PowerPoint* presentation.
11. Practice basic research skills.
12. Create a variety of projects using the *Kidspiration* program.
13. Participate in Internet Safety lessons.

### Activities:

- Create life cycles using *Microsoft Word* and *Kidspiration*
- Create books about physical features using *Storybook Weaver*
- Use *Microsoft Word* and *Paint* to create illustrated prayers and Stations of the Cross
- Compare and contrast topics using venn diagrams in *Kidspiration*
- Create story webs and timelines in *Kidspiration*
- Create and present a *PowerPoint* about a president of the U.S.

## Grade 4

### Students will:

1. Save projects in a personal file.
2. Begin formal keyboarding skills.
3. Navigate to web sites and use search engines for basic research skills.
4. Use a variety of programs and websites to create projects.
5. Learn to create movies using *PhotoStory 3*.
6. Utilize the spelling and grammar check and practice proofreading.
7. Use right-click menu options and keyboard shortcuts.
8. Create and present a *PowerPoint* presentation, utilizing notecards.
9. Create a variety of projects using the *Kidspiration* program.
10. Participate in Internet Safety lessons.

### Activities:

- Use *Microsoft Word* and clip art to create books about vertebrates
- Create story webs using *Kidspiration*
- Create wordles about Jesus using the website wordle.net
- Use *Paint* and *Microsoft Word* to tell the Christmas story
- Use *Microsoft Word* to create different kinds of poetry
- Create and present a *PowerPoint* about a state
- Create movies about recycling and famous Missourians using *Photostory 3*
- Use the website Museum Box to create presentations on various topics

## Grade 5

Students will:

1. Save projects in a personal file.
2. Use formal keyboarding skills.
3. Navigate to web sites and use search engines for basic research skills.
4. Evaluate websites to find appropriate and accurate information.
5. Use a variety of programs and websites to create projects.
6. Expand knowledge of Microsoft toolbar functions.
7. Create movies using *PhotoStory 3*.
8. Utilize the spelling and grammar check and practice proofreading.
9. Use right-click menu options and keyboard shortcuts.
10. Create and present a *PowerPoint* presentation, utilizing notecards.
11. Create a variety of projects using the *Inspiration* program.
12. Participate in Internet Safety lessons.

Activities:

- Create and present a *PowerPoint* about a saint
- Make newsletters about novels and social studies topics using *Microsoft Publisher*
- Gather data and create temperature graphs using *Microsoft Excel*
- Use the website voki.com to create characters to present information
- Create brochures about famous cities using *Microsoft Publisher*
- Use the website Museum Box to create a display to present
- Use *Photostory 3* to make a movie about the Revolutionary War

Jr. High (Grades 6, 7, 8)

Students will:

1. Save projects in a personal file.
2. Use formal keyboarding skills.
3. Navigate to web sites and use search engines for basic research skills.
4. Evaluate websites to find appropriate and accurate information.
5. Learn about citing sources and plagiarism.
6. Use a variety of programs and websites to create projects.
7. Expand knowledge of Microsoft toolbar functions.
8. Create movies using *PhotoStory 3*.
9. Utilize the spelling and grammar check and practice proofreading.
10. Use right-click menu options and keyboard shortcuts.
11. Create and present a *PowerPoint* presentation, utilizing notecards.
12. Create a variety of projects using the *Inspiration* program.
13. Participate in Internet Safety lessons.

Activities:

- Use *Inspiration* to create vocabulary webs
- Make buddy newsletters using *Microsoft Publisher*
- Use *Paint* and *Microsoft Word* to create Jesse Tree ornaments
- Create story webs in *Inspiration*
- Use *Photostory 3* to create movies about novels and science topics
- Use *Microsoft Word* to create poetry notebooks
- Design brochures about Canadian provinces using *Microsoft Publisher*
- Create wordles about the Beatitudes using wordle.net and *Microsoft Word*
- Make pro-life flyers using *Microsoft Publisher*
- Use *Microsoft Word* to create geometric shapes booklets
- Use *Inspiration* to create graphic organizers about historic events
- Use *Microsoft Word* to create a booklet for the Sacrament of Confirmation
- Use *Inspiration* to make an outline for a research paper
- Create and present *PowerPoint* presentations about research topics